



A weekly reflection by members of the Precious Blood Community

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Sr. Mary Kevin Rooney, ASC

“If you continue in my word, you are truly my disciples, and you will know the truth, and the truth will set you free” (John 8:31)

These reflections are called Wednesday Whispers. That brings to mind one of my favorite childhood memories: of running into Dad’s arms when he came home from work, sitting on his lap, and telling him secrets. I have no idea what I shared, but he would listen attentively, nod in understanding, and smile. What joy!

There’s a repeat of that in today’s reading – not “whispers”, but “out loud secrets” leading to the deepest joy! The clue to hearing? “Jesus said to those who believed in him...” And what is the secret? Three-fold:

REMAIN in my WORD -

LEARN the TRUTH -

TRUTH will set you FREE!

Jesus himself is the Word of God! What an open secret if one wants to hear! As we listen to what Jesus says and remain/rest in Who he is, we learn the truth. To accept that truth, to walk in that truth, is to be freed.

Let’s hear it for this kind of incredible secret!

Sr Mary Kevin Rooney, ASC, has been a vowed member of the community for over seventy years. She has served in many ministries, including teaching and spiritual direction.

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This weekly reflection is made available to all who are part of our Precious Blood family. Feel free to share it with others. Would you be willing to write a reflection? If so, please contact Vicky Otto at votto@pbspiritualityinstitute.org