



A weekly reflection by members
of the Precious Blood Community

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Sr Edna Hess, C.P.P.S.

“Here I am Lord, I come to do your will.”
(Psalm 40)



Today we celebrate the Annunciation, the moment when the angel reveals to Mary that God desires her to be the Mother of His Son. Yet more than the announcement itself, we honor Mary’s response: “May it be done to me according to your word.” Her yes changed everything. It disrupted the plans she and Joseph had carefully imagined, and it opened her life to mystery, uncertainty, and profound responsibility. Still, she trusted that God’s will would lead to life.

During this time of Lent, Mary’s openness invites us to examine our own willingness to accept God’s will. It is easy to settle into familiar patterns of thinking or acting that may not reflect God’s desires for us. Mary shows another way: a heart ready to listen, to trust, and to respond even when the path is unclear.

This openness is something she surely passed on to her Son. When Jesus teaches His disciples to pray, He includes the words, “Your will be done on earth as it is in heaven.” And in the garden, on the night before He dies, He echoes His mother’s surrender: “Father, if you are willing, take this cup away from me; still, not my will but yours be done.”

Mary’s yes brought new life into the world—Jesus Christ. Jesus’ yes brought new life to all of us through His death and resurrection. As we enter the final stretch of Lent, may their example help us become a life-giving presence to others, ready to say yes to God’s desire to work in us and through us.

Sr. Edna Hess, C.P.P.S., is a member of the Sisters of the Precious Blood in Dayton, Ohio. She served for over thirty years in ministry in Santiago, Chile. She has also served in leadership. She is now retired and living in Dayton, Ohio. To learn more about the Sisters of the Precious Blood, [click here](#).

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