



A weekly reflection by members
of the Precious Blood Community

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Br. Ton Sison, C.P.P.S.

“You are the salt of the earth.” Matthew 5:13-16



“With just a few more grains of salt, Nicholas’ dish would’ve been as good as Nina’s.”

“Wait a minute, what does it mean that we are sitting here in the final challenge and we’re still saying, ‘Nicholas’ dish needed a little more salt.’ This is basic cooking 101!”

“It certainly would’ve made his dish infinitely better.”

The above conversation is from the discriminating judging panel of an American culinary reality competition. The dish in question is a complex recipe of three different kinds of fresh fish served three different ways: Confit of Yellowfin Tuna, Charred Pompano and Butter-Roasted Bass, fastidiously arranged on a sumptuous base of Shrimp Consommé. The creator of the beautiful plate of food is chef Nicholas, a French-trained executive chef from Massachusetts, who, despite his formidable cooking skills, commits the same error over and over again: under-seasoning.

Not many of us can claim to have the cultivated palate of Michelin-starred chefs who know the difference a few missing grains of salt can have on a dish. But we all know the difference between food that is flavorful and food that is bland.

“You are the salt of the earth,” Jesus says in Matthew 5:13-16, “but if salt has lost its taste, how can its saltiness be restored?” Just as salt makes or breaks a dish, our active leadership and participation in the service of the Reign of God is that key ingredient that makes or breaks the promotion of fuller human flourishing in the world. Through our various Precious Blood ministries that help bring about greater justice, peace, and reconciliation, we indeed make the world taste and see the goodness of the God of the Reign.

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