



A weekly reflection by members of the Precious Blood Community

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Things are not always what they seem; the first appearance deceives many, the intelligence of a few perceives what has been carefully hidden. (Plato)

Just recently, one of my granddaughters wanted to share her candy with me. It was not just any candy. It was gummy bears which I love, so, of course, I said yes. Well, it didn't take me long to put them in my mouth and very quickly I realized they were sour gummy bears. She laughed, and I quickly chewed them up to get that taste out of my mouth. She was trying to play an innocent joke on me, and it worked but how often does this happen in life? What appears to be is not so. Whether it is food, a place we visit, or what we may experience in a person or even worse ourselves.

So how can we tell someone is genuine? The heart is the best indicator of truth and often will quickly reveal our true intentions and attitudes toward others.

Jesus warned the scribes and Pharisees about the vanity of outward appearances like wearing a mask to hide behind. But Jesus did not stop there. He called them to examine their hearts in the light of God's truth and holiness. Therefore, we should look at the correlation between true beauty and goodness with a clean heart and mind which will keep us focused on God.

So how does our outward appearance match up to our beauty inside?
As we search for truth let us ask the Holy Spirit to purify your heart and mind and to fill us with the power of God's love and goodness.

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This weekly reflection is made available to all who are part of our Precious Blood family. Feel free to share it with others.
Would you be willing to write a reflection? If so, please contact Vicky Otto at votto@pbspiritualityinstitute.org