



A weekly reflection by members of the Precious Blood Community

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*“Bear your share of hardship for the Gospel
with the strength that comes from God.” (2 Tim 1:8)*

Kayla Hess

When I think about the readings this week, one thing comes to mind. As disciples of God, we are called to carry our crosses, just as Jesus carried his on Good Friday. But what does carrying your cross mean?

To carry your cross means to lay aside your pride and admit that you need God with humility. This is not an easy thing to do because we as human beings do not like to admit that we are wrong or that we have weaknesses. However, God loves us despite our flaws, and in his eyes, we have always been good and worthy of love. He sees past our flaws and values our strengths. Not only that but, use our strengths to advance the cause of the Gospel and the mission of Jesus.

God’s grace washes over our sins and cleanses our souls, so we do not have to be afraid or ashamed to approach the Lord. He called us to have a spirit of courage and self-control in our everyday lives and to not be deterred by anxiety. There is truly power in the Holy Spirit if we let it engulf us in its flames of wisdom and power. In Jesus’ resurrection, death was destroyed, and we no longer should fear the influence of Satan.

If we believe in God’s promises, Satan’s false claims have no sway over us. It is our responsibility as followers of Jesus to live our lives displaying compassion to others and spreading the Good News of his resurrection.

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This weekly reflection is made available to all who are part of our Precious Blood family. Feel free to share it with others. Would you be willing to write a reflection? If so, please contact Vicky Otto at votto@pbspiritualityinstitute.org